



**As COVID-19 continues to impact our community, the health and wellness of our clients, staff and therapists continues to be our priority.**

**As a result, all in-person counselling sessions, groups and workshops at Family Enrichment and Counselling Service are suspended until further notice effective Thursday, March 19, 2020.**

In the meantime, our therapists will provide phone sessions Monday to Friday between the hours of 10am and 4pm. To schedule a phone counselling session please call: 506-458-8211 ext. 220 Monday to Friday between 9am and 4pm. You can contact us outside these hours by leaving a voicemail message.

We also have a limited number of same-day phone sessions available for urgent cases. Same-day appointments may be scheduled by phone by calling 506-458-8211 ext. 220 Monday to Friday between 9am and 4pm.

If you are unable to schedule a same-day phone session and require immediate assistance, please call the CHIMO crisis line at 1-800-667-5505 or (506) 450-4357.

If you are experiencing an emergency please call 9-1-1.

We understand that this is a stressful time for many of our clients and community members. We will continue to support you by providing phone counselling during this time. Please check our website regularly for updates and helpful resources.

Thank you for your continued support and your understanding as we make these temporary changes to protect the health of our clients, staff and therapists.

